

Pics: Vishnu Jaiswal



**YAMAHA Fascino MISS DIVA MISS UNIVERSE INDIA 2016**

**Watch the Lucknow girls in action using ALIVE**

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# AND THE DIVAS ARE...

The winner of Yamaha Fascino Miss Diva 2016 will represent India at Miss Universe

It was a houseful show at the Yamaha Fascino Miss Diva - Miss Universe India 2016 auditions held in the city on Friday. Organized at hotel Golden Tulip, the hospitality and venue partner for the event, the audition saw more than 50 shortlisted girls vying for the coveted Miss Diva 2016 crown. The auditions had contestants coming not just from Lucknow, but even neighbouring towns like Allahabad, Kanpur and Bareilly. Quite impressed with the contestants this year, fashion designer Anju Narain, who was the judge for the city auditions said, "The girls this year have come really well prepared. Be it working on their looks or their confidence, they have covered each and every aspect of the auditions. I think the craze for the beauty pageant is more this year because we have had two Miss India Runner-Ups from Lucknow in the last two consecutive years."

Finally, six girls were shortlisted from the city audition, who will now be tracked to the final round in Mumbai. The highlight of the city auditions this year is that the shortlisted finalists get a golden opportunity to be the Super Diva of

Lucknow. To be one, all she has to do is interact with her friends and fans on Facebook using #MissDiva2016. The winner will be judged on the quality of the content on FB, engagement in posts, frequency of updates and more. The winner of the super diva of Lucknow contest will get a free airplane ticket and stay in Mumbai for the final auditions.

For more information, log on to [www.missdiva.com](http://www.missdiva.com)  
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**Weekly Forecast**

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Anupam V. Kapil

**Gemini (May 20 - Jun 20)**

There is no doubt that Venus in your sign makes you more fond of the good things in life than you normally are. In the company of the Sun, you are more attracted to being in the limelight. Your creativity surges, and you can take a creative approach to matters and projects. You have more energy for fun instead of work, and have a hard time focusing on your responsibilities. Try to take as much time off as you can, or give yourself time to do what pleases you. Right now, Mars enters your romance sector, which makes you more flirty. If single, you will have the chance to meet new suitors. If committed, you can reignite the flame in the relationship.

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**STAR BIRTHDAYS**  
**CANCER: KARISMA KAPOOR (JUNE 25, 1974)**

**Aries (Mar 20 - Apr 18)**

You need to be quite cautious in your approach to everyone for the next few weeks, as the conjunction of Jupiter and Rahu will create a lack of clarity in your mind. Your judgement will be clouded due to illusions and errors in analysis of the situation, which could affect your work or business decisions. With Mars retrograde back in Libra and aspecting your sign, you shall regain confidence but will also be prone to bursts of anger. From Monday onwards, you find more pleasure in communicating and engaging with other people, and you can find the right words to say when you need to. Your attention turns to whatever you value in life, whether it be material, intellectual or spiritual.

**Kangna Ranaut**

**Leo (Jul 22 - Aug 21)**

Despite hostile planetary alignments, retrograde Mars changes houses, which brings out your ability to fight back and surmount challenging situations. Any conversations that need to be had, you must try and have now. Your mind is much more active, and this can be good for mental projects and intellectual pursuits. You need to stay busy, though, otherwise the mental activity will lead to anxiety. You shall have more conversations about your career and the direction that your life is going in. Think about these and what your goals are, and how you can get from where you are to where you want to be.

**Jacqueline Fernandez**

**Taurus (Apr 19 - May 19)**

It's time for financial opportunities for Taureans, as your sign lord Venus moves through your wealth sector. You can be good with money during this transit, or you can spend money easily, especially on something beautiful. You may have an easier time getting your hands on the money you need, when you need it. However, partnerships are not at all favoured during the retrograde Saturn and Mars transits. You need to watch your health and avoid eating out, as you shall be prone to stomach upsets and infections. Those in the banking or finance industry might face a challenging task for the next few weeks. Be patient - things will improve in a few months, when Rahu and Jupiter separate.

**Madhuri Dixit-Nene**

**Virgo (Aug 22 - Sep 20)**

The stars are well aligned for you to socialise. You might be involved in social activities or invited to speak at seminars. Mercury aspecting the third house makes it a favourable transit for those connected with training and public speaking. For those interested in learning a new language or something related to other cultures, this is the right time. Travel shall increase and there might be more communication with people from different cultures. This is a time when you may come up with big ideas and work on devising a plan to make them happen.

**Neha Dhupia**

**Cancer (Jun 21 - Jul 21)**

Budgeting and expenditures are likely to go out of control, since unplanned but necessary expenses might come up. You might experience severe financial constraints despite having good business orders. Customers not paying on time could add to your woes. You're less social and want to spend more time at home or with your family. You may want to spend time with your family, but might also argue with them more. Your family may require more attention from you. You can work on your home at this time - buy, sell, or move. Romantic relations will continue to be complicated. You might perceive partners as being selfish. You shall also have a mental block and not be able to think straight.

**Priyanka Chopra**

**Scorpio (Oct 23 - Nov 21)**

Mars has now entered your 12th house, and you're driven to retreat and reflect. Being around other people can be draining to you right now, and you prefer being alone. Working alone is when you have the best energy, and you want to be out of the spotlight and working behind the scenes where no one will notice you. Make sure you give yourself plenty of time to rest, replenish and recover so you're ready for when transit Mars enters your first house and life gets hectic. It may be a good time to clarify and explain an issue to someone with whom you are intimately associated in daily life, such as your spouse or partner. With Venus moving through your eighth house, you can be more intimate now and your sexual desire is heightened too.

**Soha Ali Khan**

**Sagittarius (Nov 22 - Dec 22)**

Personal details about your life might become public, and this could catch you off guard. It'll probably be minor things and you will be able to handle it. Do not overreact. Don't initiate something new because of it. Just play everything low-key. Push to interact with others, because these interactions will benefit you. The response you elicit from those with you are involved with will be particularly important to you, as is your response which will either allay or intensify your insecurities. You attempt to safeguard your relationship by overlooking your own needs and focusing instead upon those of your partner.

**Aishwarya Rai Bachchan**

**Capricorn (Dec 23 - Jan 19)**

Travel is a distinct possibility now. Situations seemingly locked in place suddenly crack under their own pressure. With some sudden developments, a

**Deepika Padukone**

**Aquarius (Jan 20 - Feb 18)**

This is a great opportunity to re-organize and re-evaluate the way you use your time. Sort out your priorities. Decide what is really important for you to accomplish this week, and you're sure to make headway sooner than later. Something arriving in the mail offers a terrific opportunity, but be sure to get intelligent advice before accepting. Attending a party on the weekend brings an introduction to someone who could play a significant role in your future. Opportunities arise, so promote your ideas - they are good ones. It's a chance to bring those projects you've been working on out in the limelight. Who knows where it could lead? You're in a great mood and you want everyone to be part of it. This means getting together with friends or loved ones, and shoving all your worries and concerns to the back of your mind for the time being.

**Yami Gautam**

**Pisces (Feb 19 - Mar 19)**

Your sense of loyalty could create problems when someone you trust tries to take advantage of your generosity. Forgive them and carry on. Your boss could drive you nuts with senseless demands and nonsense - you don't have to take it. The next few days could bring some social strain, but you can handle tensions by sticking to your meditation. Get out and enjoy some vigorous exercise. If the weather's too bad to enjoy the outdoors, go to a local gym for a workout. An attractive member of the opposite sex secretly has eyes for you, but watch out because this person is married. You're seeking personal recognition as well as financial rewards.

**Shruti Haasan**

## Go beyond meditation to hold off office anger

**Gopi.Shah@timesgroup.com**

**A**re you having a tough time controlling your anger at work? Do you think that all this happens due to the high stress levels at your job, too much workload or any other reason? Well, holding your breath and meditating is not the only way out. Here are few ways that can help you develop better control on your office anger:



**BE OPEN TO YOUR WEAKNESSES**

While showing your strengths at your workplace is a positive step, be open to your weaknesses as well. We are a mixed bag, no one is good at everything. If you know that you are bad with numbers, you can ask your co-workers to have a look at your calculations. That rectification would only help you become accurate and more confident. If you think you have done the calculations

and have overcome one of your weaknesses, give yourself a reward as simple as your favourite chocolate.

**THINK BEFORE YOU SPEAK**

Think before uttering your words. One usually ends up becoming rude and harsh. Remember, everyone works equally as much as you do. "I have an experience of 12 years in entrepreneurship and have seen many new faces come and go. It was very difficult in

the beginning to work and deal with them and get angry. Gradually, I realised that I too have been through this phase," says Aashka Pandit. If you face any kind of harsh treatment from your colleague, returning the harshness back would only spoil your relation. That does not mean that you repress speaking up even when needed, but handle the situation calmly and peacefully.

**APPRECIATE YOURSELF**

Begin your day at office with a "Yes, I can do it!" attitude. "If you end up meeting a deadline perfectly, treat yourself. In focusing on all that is negative, don't forget about the positives. Appreciate yourself for the good work you've put in and learn to give yourself a pat on the back every now and then," says Dr. Rajesh Goyal, a consultant psychiatrist. This will help boost up your self-confidence.

**DIVERT YOUR ANGER**

When you feel angry, one of the best ways to tackle the situation is to divert your attention to something else. Pick up a newspaper from the rack and start solving puzzles. This would help you divert your mood to a pleasant one. The logic and reasoning that you would use while solving it, would tap your negative energy and you would feel rejuvenated.

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